

Maternity Visit Schedule

Questions or Concerns?

- Call our office (780)-962-9888
- After Hours Call the Misericordia (Mis) Hospital Labour & Delivery (L&D) (780)-735-2764

Emergency Hospital Visits

- <20wks go to Mis ER
- >20wks go to Mis L&D 3rd floor
- Tell nurses you are with West Grove Maternity

Think You're in Labour?

- Painful Regular Contractions every 5-7mins for 1 hr
- OR
- Your water breaks
- OR
- Vaginal Bleeding (more than spotting)

***Remember to take your Prenatal Papers and Overnight Bag**

1st Visit

- Meet Doctor
- Given lab forms x 2
- Book Dating U/S
- Discuss Genetic Screening

Initial Lab work x2 forms
Dating U/S

2nd Visit 12-14 wks

- Health History
- Physical Exam
- Review Results

Genetic Screen)optional
FTS – 11 -14 weeks **OR**
MSS – 15-21weeks

Anatomy U/S
18-20 weeks

Monthly - 28weeks

- Every 4 weeks
- Urine sample
- Blood pressure/Weight
- Baby heart beat/Uterus Measurement
- Review Results

Diabetes Screen
Hemoglobin
+/-repeat blood type
26-28 weeks

Rhogam Shot (If negative
blood type)
28-32 weeks

28 - 36weeks

- Every 2 weeks

GBS swab
36 weeks

36 - 41weeks

- Every week
- Given Prenatal Papers (to bring to hospital)

Circumcision (optional)
Call our office to book
ASAP after delivery.

Post-Partum Visits

1. Call to make 14 day old visit for baby
2. Book 6 week visit for mom and baby