

# Maternity Visit Schedule

## Questions or Concerns?

- Call our office (780)-962-9888
- After Hours Call the Miseracordia (Mis) Hospital Labour & Delivery (L&D) (780)-735-2764

## Emergency Hospital Visits

- <20wks go to Mis ER
- >20wks go to Mis L&D 3<sup>rd</sup> floor
- Tell nurses you are with West Grove Maternity

## Think You're in Labour?

- Painful Regular Contractions every 5-7mins for 1 hr
- OR
- Your water breaks
- OR
- Vaginal Bleeding (more than spotting)

**\*Remember to take your Prenatal Papers and Overnight Bag**

### 1<sup>st</sup> Visit

- Meet Doctor
- Given lab forms x 2
- Book Dating U/S
- Discuss Genetic Screening

Initial Lab work x2 forms  
Dating U/S

### 2nd Visit

- Health History
- Physical Exam
- Review Results

Genetic Screening (optional)  
FTS – 11 -14 weeks **OR**  
MSS – 15-21weeks

Anatomy U/S  
18-20 weeks

### 3rd Visit - 28weeks

- Every 4 weeks
- Urine sample
- Blood pressure/Weight
- Baby heart beat/Uterus Measurement
- Review Results

Diabetes Screen  
Hemoglobin  
+/-repeat blood type  
26-28 weeks

Rhogam Shot (If negative  
blood type)  
28-32 weeks

### 28 - 36weeks

- Every 2 weeks

GBS swab  
36 weeks

### 36 - 41weeks

- Every week
- Given Prenatal Papers (to bring to hospital)

Circumcision (optional)  
Call our office to book  
with Dr Bailey ASAP after  
delivery.

### Post-Partum Visits

1. Call to make 7-10 day old visit for baby
2. Book 6 week visit for mom and baby