



# DUSTIN MOREAU

Registered Social Worker

## PROFILE

Dustin's education and credentials include a master's degree (MSW) from the University of Toronto specializing in Indigenous Trauma and Resiliency; Bachelor of Social Work degree with distinction from Dalhousie University (Halifax, NS) specializing in Policy and Social Justice Advocacy; and a Bachelor of Arts degree from Concordia University Edmonton majoring in Philosophy and Psychology.

Dustin has over 15 years career experience working with people who are undergoing life challenges. His journey has helped him realize his true passion to help others which is why he was drawn to social work. He has been part of many committees, alumni associations, focus groups, and programs which focus on the same ethos he applies in his practice: by guiding people to their best selves while helping them overcome challenges in life.

## STYLES

Dustin generally uses a Narrative and Trauma-Informed approach to his practice, but also incorporates elements of Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Emotionally Focused and Systems Theory.

The overall purpose of his practice is to help people incorporate changes and adaptations into their life that works for each of his clients' individual needs so that they can live the life they want and deserve.

## SERVICES

"Did you want to talk to our social worker?" Is a question you may get asked. As a member of the team here at Westgrove clinic, Dustin's role is as a support to patients. He is not associated with any particular agency outside of the clinic, but knows of many of these agencies and can support you by answering questions and advocating for you when necessary. Below is a list of some of the areas where he can be of assistance

### **Mental Health assessment and counselling for:**

- Individuals
- couples
- grief and loss
- crisis and acute stress reactions
- life changes
- suicidal thoughts
- addiction recovery
- relationship breakdown
- anxiety & depression
- caregiver burnout

### **Psychosocial assessments interventions and referrals for:**

- financial hardships
- homelessness and houselessness
- domestic violence
- lifestyle changes
- relationship changes
- specialized mental health services
- family additions losses and changes
- workplace and income changes
- education challenges- financial, cognitive, emotional

### **Assisting with form completion for government services such as:**

- Assured Income for Severely Handicapped (AISH)
- Canada Pension Plan -Disability (CPP-D)
- Disability Tax Credit (DTC)
- Family Supports for Children with Disabilities (FSCD)
- Persons with Developmental Disabilities (PDD)
- Alberta Works (Income Support)
- Alberta Adult Health Benefit
- Maternity Leave
- Compassionate Care Benefits
- Family caregiver benefit for children
- Family caregiver benefit for adults
- Alberta Blue Cross Non-Group coverage

*Continued on next page...*

## SERVICES (CONTINUED)

### **Information & education on capacity, guardianship and trusteeship:**

- Supportive decision making
- Specific Decision Making
- Co-Decision Making
- Personal Directives (PD)
- Enduring Power of Attorney (EPOA)
- Capacity Assessments (under the Alberta Guardianship and Trusteeship Act (AGTA))
- Capacity Assessments (under the Personal Directives Act)
- Mental Health Act Forms and your rights under the Mental Health Act/ Patient Advocacy

### **Supports for seniors:**

- Old Age Security (OAS)
- Alberta Seniors Benefit (ASB)
- Special Needs Assistance for Seniors (SNAS)
- Guaranteed Income Supplement (GIS)
- Canada Pension Plan (CPP)
- Homecare
- Information on supportive living facilities
- Community supports

## CONTACT

ADDRESS: #201-505 Queen Street  
Spruce Grove, AB  
T7X 2V2

PHONE: (780) 962-9888

WEBSITE: [www.westgroveclinic.ca](http://www.westgroveclinic.ca)