



Overview

Legal guardianship gives an adult the right to consent to medical treatment for a minor. This includes the ability to help make care decisions regarding medication(s), surgeries and other procedures, diagnostic tests, etc.

A **mature minor** can provide their own consent when it is determined that they understand and appreciate the nature, risks, and consequences of the proposed procedure/treatment. A legal guardian **cannot override** the decision of a mature minor.

Application Information

To apply for **Guardianship, Custody and Access, a Consent Order, or a Parenting Order** visit

<https://www.alberta.ca/child-custody-parental-access.aspx>

Release of Information

The following documents are needed for access to be granted to a minor's health information:

- Copies of relevant court orders
- Government issued photo ID
- Signed consent from the primary parent/guardian or mature minor authorizing information be released to you (this can be limited to certain information and/or certain dates)

Acceptable Documents

Present one of the following documents as proof of custody and/or guardianship:

- **Child Guardianship** signed by a judge
- **Custody and Access Order** signed by a judge
- **A Consent Order** that specifies ability to make healthcare decisions or gives access to minor's health information signed by a judge
- **A Parenting Order** (requires a formal agreement between parents) that details the guardians' arrangement on how they will handle decision making for the healthcare of the minor