

## Following the Circumcision

It is normal for the tip of the penis to appear red and slightly irritated until healed.

Healing will usually take place in 7-10 days. Do not pull back the skin from the head of the penis.

It is normal for the penis to have a slight yellow coating or membrane at day 2-3 for about 10 days. Do not try to wipe it off, as this is a wet scab and is part of the normal healing process.

Your son might be a little irritable for a day or so after the procedure and he may want to nurse or feed more frequently.

Skin to skin contact is highly recommended during this time.

Swaddling from the armpits down can also help him from kicking and moving his genital area, which might keep him more comfortable.

If you feel he is uncomfortable you may give up to 0.5mL of infant Tylenol (acetaminophen). Refrain from giving Advil or Motrin as they increase the risk of bleeding.

## Care of your newborn boy at home

Frequent diaper changes are recommended.

Apply squeezable Vaseline to a piece of 4"x4" gauze and place it directly over the penis. This keeps the penis from sticking to the diaper and allows for proper healing.

Check for bleeding every hour until your bedtime on the day of the procedure. Expect a small amount of blood for the first couple of diaper changes.

Apply new Vaseline/gauze with every diaper change (at least every 3-4 hours)

You may stop using the Vaseline/gauze in 7-10 days, when the new skin covers the surgical area.

Clean the genital area by dripping warm water from a clean cloth. Do not use alcohol, soap, baby wipes or hydrogen peroxide.

Sponge bath baby for the first 7-10 days following the procedure.

### When to Call Your Doctor or Go to Emergency

**No wet diapers within 8-12 hours after procedure**

**Continued, persistent bleeding**

If bleeding is persistent and continuous hold gentle pressure over the bleeding site and contact our clinic. If it is after hours please take him to the nearest emergency room for immediate assessment or call 911.



## Newborn Circumcision

### Parent Information



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clinic SPRUCE GROVE

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# Circumcision Procedure Facts

The procedure itself takes only 15 minutes and is done in office. The physician and a licensed practical nurse (LPN) will be with your infant at all times.

The physician uses a local anaesthetic to 'freeze' and create a nerve block, reducing pain during and for about 20 minutes after the procedure is complete.

The physician uses the Gomco method.

The Gomco method is known to be quick and effective with a low bleeding risk.

The Gomco method is described in its entirety at <https://www.aafp.org/afp/1998/0915/p891.html>

Your baby may cry at the onset or during the procedure, and this is totally normal, as we restrain the lower limbs. It is uncomfortable, but not painful.

Your baby will be offered sugar water and soother (if permitted) during and after the procedure.

You are welcome to stay for the procedure, but can also wait in the waiting room or downstairs in the lobby.



## What to bring with you to your appointment

- 3-4 diapers
- Wipes
- Soother (if used)
- 4inch x 4inch gauze
- Petroleum jelly (Vaseline) preferably in tube format
- Cozy blanket
- Change of clothes - preferably a sleeper (no snap enclosure between legs preferred)



## Risks

There is a small risk of infection and bleeding. If you notice excessive bleeding once you return home please call our clinic or seek immediate medical attention or call 911.

If you notice bleeding, apply gentle pressure for 5 minutes or until it stops.

If in the days following the procedure your infant show signs of infection; fever, lethargy, poor feeding, purulent drainage from site or increased irritability, please call our clinic or seek medical attention.

## After Care in Office

You will be required to remain in office for a minimum of 1 hour post procedure.

The LPN will guide you through the first diaper change and will ensure you are comfortable with after care before you go home. We want you to be confident and have the ability to have all your questions addressed.

We encourage the use of disposable diapers for the week following the circumcision as they will keep wetness away from the area.

In clinic we will have a quiet room for you to feed baby between routine diaper checks.

He may require more frequent burping immediately after the procedure due to air swallowed when crying.